

Study in the heart of Krakow!

Guide for international students



○ The Pontifical University of John Paul II in Krakow





Contents

- 3** Welcome from the Rectors
- 6** Basic information
- 8** University buildings on map
- 11** History of the University
- 12** Other important events
- 14** Faculties and Schools
- 19** Post-graduate studies
- 20** Courses in foreign languages
- 22** Selected institutions of the University
- 32** The JP2 Project
- 36** Organization of the academic year
- 39** Krakow – a city rich in history and culture
- 43** 2016 World Youth Day in Krakow
- 48** Our patron
- 50** Other people associated with Krakow
- 53** Regular cultural events
- 57** Places worth visiting around Krakow
- 60** Academic chaplaincy
- 63** Student guide
- 75** Foreign students about studying at UPJPII



Dear Students,

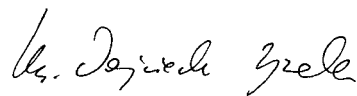
The history of the Pontifical University of John Paul II in Krakow began simultaneously with the history of the oldest Polish university – the Jagiellonian University. The history of our University has been marked by three great figures: St. Jadwiga the Queen, who founded the Faculty of Theology; St. John Paul II, who looked after its survival and established the Pontifical Academy of Theology in Krakow on its foundations; and Pope Benedict XVI, who transformed PAT into the Pontifical University of John Paul II in Krakow.

Studying in Krakow creates a unique opportunity for young people to come into contact with culture and science in one of the most beautiful European cities. It gives students a chance for both intellectual and spiritual development. The Pontifical University is a dynamically developing higher education institution; our educational offer is attractive to young people and is an answer to the labour market needs. At our six faculties you can study the following courses: theology, religious tourism, philosophy, journalism and social communication, family studies, social work, history, history of art, historical tourism, cultural heritage protection, archiving and documentation manage-

ment, church music, historical and social studies. We offer various post-graduate courses, doctoral degrees in theology, history and philosophy as well as programmes for the licentiate and doctorate in canon law. We are constantly building new contacts, also within the Erasmus+ programme. We give our students opportunities to develop their passions. There are numerous university scientific societies, the choir 'Psalmodia', a university newspaper, radio and television. We have a modern, well-equipped library as well as professional radio and TV studios at our disposal.

But that's not all. We are aiming at a high quality of education, an individual approach to an educational path of each student and the community involvement to help you, young people achieve both intellectual and personal success.

Come study with us!



Rev. Prof. Wojciech Zyzak
Rector



Come and study

Come and study in Krakow

Come and study at UPJPII!

If you are looking for a place where you can meet friendly lecturers, warm-hearted students and attractive conditions of studying, I invite you to Poland, to the Pontifical University of John Paul II in Krakow, where we care for a high quality of education, good contacts and strengthening the student-master relationship.

Polish hospitality impresses a lot of students. The Polish proverb "Guests bring God's blessing" is still valid today. Poles like having guests round, spending time with them and making new contacts.

Krakow's atmosphere itself will draw you into the historic alleys and let you go back in time and experience the ambience of past centuries but also the present and the future. If you prefer to stay in the present, Krakow can offer a variety

of attractive places, from museums, exhibitions, congress halls, to cosy pubs, restaurants and cafes.

Krakow is also a city which has for centuries been associated with Christianity. Dozens of magnificent churches offer peace and an opportunity for meditation, reflection and prayer. A stay in Krakow is an amazing occasion to discover Polish heritage, tradition, culture and religion. Tourists trails from all over Europe converge in this place. This is why Krakow, not only in the past but also today is teeming with life and resonating with voices of tourists from around the world. So, if you have a need to talk to somebody in your own language or in any other language, you will always be able to find somebody here. Krakow is also a great communication hub for travelling

in Poland

through Poland and Europe, particularly Central and Eastern Europe.

Krakow is a city where you can find traces of Pope John Paul II at every step you take. Not only does our University cherish the memories of this great Pole but also reminds and upholds his teachings as well as brings them up to date to face current challenges. Seeing Krakow through John Paul II's eyes is something worth exploring.

Krakow and our University is not just a place but a state of mind, spirit and heart. Here, you will not get bored but rather excited with the number of decisions to make.

We offer thought-provoking lectures and classes as well as conferences and meetings with interesting people. What is more, our library gives access to both traditional and electronic sources of information. Materials are open access, and the reading room provides users with computers. If you wish to work in a different room, it is enough to send a request. The library has various facilities for people with disabilities. The uniqueness of our university library is underlined by a collection of books donated by Pope John Paul II – a part of his private library. The private secretary of John

Paul II, currently Archbishop of Krakow and Great Chancellor of our university, Cardinal Stanisław Dziwisz, takes care of John Paul II's legacy as well as prosperity and development of the University.

If our university inspired you just a little, call, write or visit the Centre for Scientific Research and International Cooperation and our staff will gladly answer any questions and explain things which are not clear. Don't worry if you don't speak Polish – we speak foreign languages, but can also assist you with learning Polish.

Come and study at the Pontifical University of John Paul II in Krakow!

Come to Krakow – royal, university and papal city!



Rev. Prof. Józef Stala
Vice Rector for Scientific
Potential and International
Cooperation



Basic information

Official name:

the Pontifical University of John Paul II in Krakow
Uniwersytet Papieski Jana Pawła II w Krakowie

Abbreviated to:

UPJPII

Erasmus+ Code:

PL KRAKOW08

Address:

ul. Kanonicza 25, 31-002 Kraków, Poland

Website:

www.upjp2.edu.pl

**Rector:**

Rev. Prof. Wojciech Zyzak

**Vice Rector for Scientific Potential
and International Cooperation:**

Rev. Prof. Józef Stala

Vice Rector for Development and Staff Policy:

Rev. Prof. Antoni Świerczek

Vice Rector for Student Affairs and Didactics:

Rev. Prof. Robert Tyrąła





University buildings on map

1 Franciszkańska 1

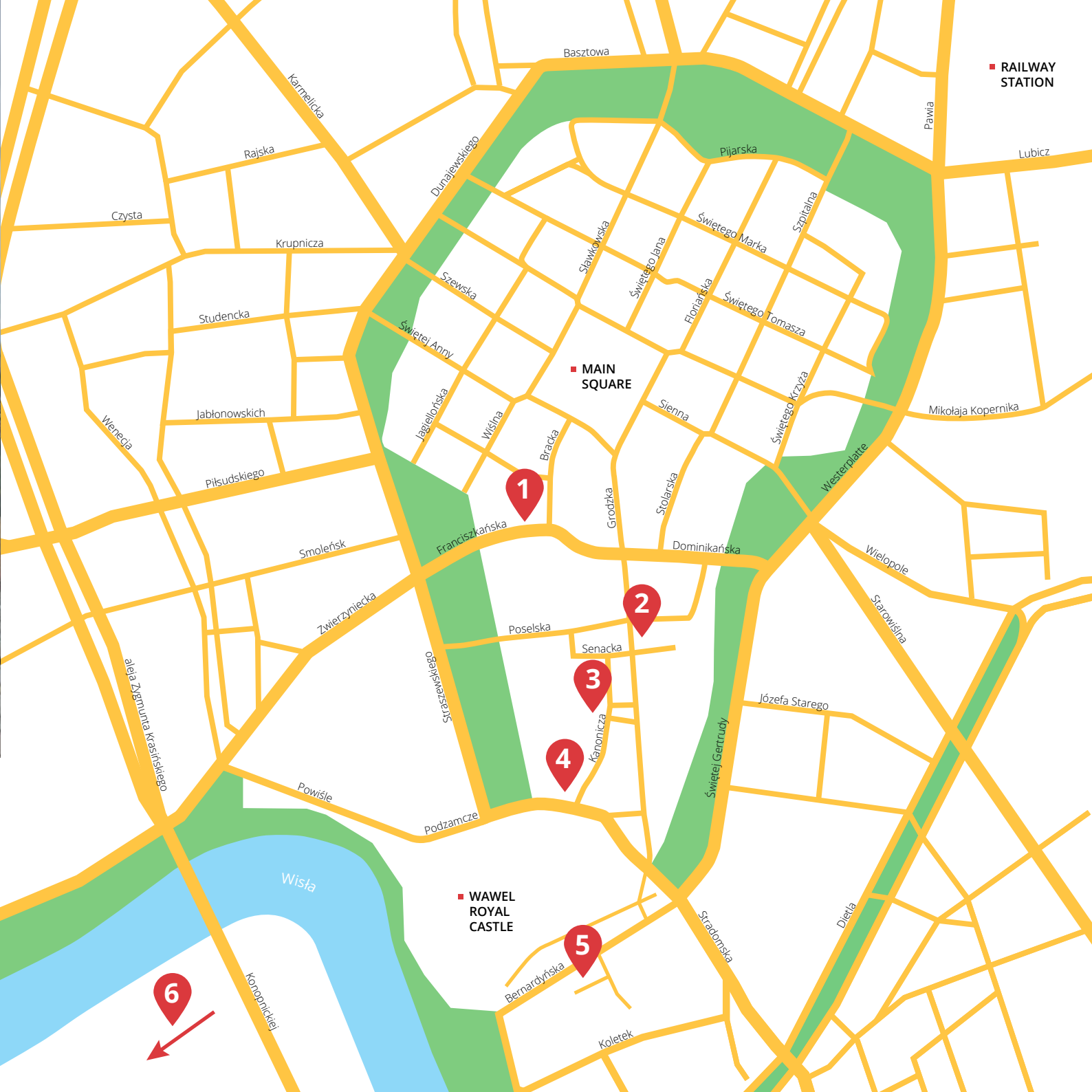
2 Grodzka 40

3 Kanonicza 9

4 Kanonicza 25

5 Bernardyńska 3

6 Bobrzyńskiego 10



■ RAILWAY STATION

■ MAIN SQUARE

■ WAWEL ROYAL CASTLE

1

2

3

4

5

6



Basztowa

Karmelicka

Rajska

Czysta

Krupnicza

Studencka

Jablonowskich

Pilsudskiego

Smoleńsk

Zwierzyniecka

Powisłe

Wisła

Konopnickiej

Dunajewskiego

Szewska

Świętej Anny

Jagiellońska

Wiślna

Franciszkańska

Straszewskiego

Podzamcze

Bernardyńska

Koletek

MAIN SQUARE

Poselska

Senacka

Kanonicza

Pijarska

Sławkowska

Świętego Jana

Świętego Marka

Floriańska

Świętego Tomasza

Sienna

Stolarska

Dominikańska

Świętej Gertrudy

Stradomska

Pawia

Lubicz

Mikołaja Kopernika

Świętego Krzyża

Westerplatte

Wielopole

Starowiślna

Józefa Starego

Dzierża



History of the University



I chose the University of John Paul II not only because there is a cooperation with my German university but because Krakau has this special charm that is not found in many cities. Besides

*that I wanted to know how theology is taught in this place and must say that I am impressed by most of the professors, the way they teach and what they say. One of my favourite subjects was "The convincing power of God's mercy", which was specially created for the year of mercy. **Agnes, Germany***



I studied philosophy here. I have to admit that I'm satisfied with being and studying here. The lectures are very interesting and I've learned a lot. The university students are really helpful, friendly

*and kind. The atmosphere is unforgettable. I can sincerely recommend the Pontifical University of John Paul II to other Erasmus students. **Martin, Slovakia***

- 1397** Pope Boniface IX issued a papal bull which established the Faculty of Theology within Studium Generale in Krakow (present-day Jagiellonian University)
- 1954** The Faculty of Theology was removed from the Jagiellonian University by the communist authorities
- 1959–1981** The Faculty of Theology functioned as an independent scientific unit
- 1981** Pope John Paul II established The Pontifical Academy of Theology in Krakow with three faculties: Theology, Philosophy and History of Church
- 1999** The Faculty of Theology in Tarnow was established
- 2008** The Faculty of Social Sciences was established
- 2009** The Academy was transformed into the Pontifical University of John Paul II in Krakow
- 2014** The Faculty of Canon Law was established
- 2019** Come and study at UPJPII. Become part of its history!

Other important events

Honoris causa doctorate for Pope Benedict XVI

On 4th July 2015, the prestigious circle of *honoris causa* doctors of the Pontifical University of John Paul II in Krakow and the Academy of Music in Krakow gained splendour by accepting an extraordinary person, His Holiness Benedict XVI. The ceremony of awarding the title of *honoris causa* took place in Castel Gandolfo. Among numerous fine guests, there were Stanislaw Cardinal Dziwisz – Great Chancellor of UPJPII, rectors, professors and students of the Pontifical University of John Paul II in Krakow. The title of *honoris causa* doctor was bestowed upon Pope Emeritus for: great respect for the musical tradition of the Church and understanding of the dialogue between music and faith; showing care and concern for the beauty of Church music and its place in the liturgy of the Church in all position which he held; boldly giving a testimony of the truth which strengthens faith by his life, service, teaching and scientific work as well as efforts to restore its spiritual dimension to Europe; support of actions undertaken to transform the Pontifical Academy of Theology in Krakow into the Pontifical University of John



Paul II in Krakow. It is worth mentioning that it was a unique event owing to the fact that Benedict XVI made an exception to the rule of not accepting any awards since his decision to live in silence and solitude. This exception was made on account of his special relationship with St. John Paul II, Poland and Krakow.

Honoris causa doctorate for Rev. Michał Heller

The 26th title of doctor *honoris causa* of the Pontifical University of John Paul II in Krakow was awarded in the UPJPII Library on 26th June 2016 to Rev. Prof. Dr. Hab. Michał Heller, a professor of philosophy, specializing in philosophy of nature, physics, relativistic cosmology and the relation between science and faith. Rev. M. Heller is employed at UPJPII and the Vatican Observatory, he is also the founder and director of the Copernicus Centre for Interdisciplinary Studies. In 2008 he received the prestigious Templeton Prize awarded for overcoming barriers between science and religion. The *honoris causa* title was bestowed on him for: setting new research directions in relativistic cosmology and quantum cosmology; contribution to the restoration of natural philosophy, philosophy of science and history of science by introducing new interdisciplinary approaches; bridging the gap be-



tween science and faith by indicating the need for dialogue between science and religion in solving problems related to the interplay of science, philosophy and theology; a testimony of faith in the rational dimension by which he was able to reach people of various beliefs; services to the Pontifical University of John Paul II in Krakow.

Faculties and Schools

The Pontifical University of John Paul II in Krakow realizes its educational and academic activities within six faculties.

Faculty of Theology

Institutes: Institute of Liturgy, Institute of Biblical Studies, Institute of Dogmatic Theology, Institute of Fundamental Theology, Ecumenism and Dialogue, Institute of Moral Theology, Institute of Practical Theology, Centre of Franciscan Studies

(Degree) Course	Specialty	Cycle	Type
Theology	Theology for Priests	MAL	FT
Theology	Catechetical -Pastoral Theology	MAL	FT
Theology	Cannon Law	Lic	FT
Religious Tourism		BA	FT

Faculty of Theology Section in Tarnów

(Degree) Course	Specialty	Cycle	Type
Theology	Theology for Priests	MAL	FT
Theology	Catechetical-Pastoral Theology	MAL	FT

Faculty of Philosophy

(Degree) Course	Specialty	Cycle	Type
Philosophy		BA	FT
Philosophy	Applied Ethics	MA	FT





Philosophy	Philosophy and Christianity	MA	FT
Philosophy	Systematic Philosophy	MA	FT
Philosophy	Philosophy in Science	MA	FT
Philosophy	Coaching and philosophical counseling	MA	FT
Philosophy	Philosophy in English	MA	FT

Faculty of History and Cultural Heritage

Institutes: Institute of History, Institute of History of Art and Culture, Interuniversity Institute of Church Music (Cooperation with Academy of Music in Krakow)

(Degree) Course	Specialty	Cycle	Type
History		PhD	FT
History	Archiving	MA	FT
History	Political and Legal Doctrines	BA, MA	FT
History	Eastern Europe	BA, MA	FT
History	History of Church	BA, MA	FT
Archiving, Documentation Management and Infobrokering		BA, MA	FT
Tourism and Heritage Management		BA, MA	FT
History of Art		BA, MA	FT
Cultural Heritage Protection		BA	FT
Church Music		BA, MA	FT



Faculty of Social Sciences

Institutes: Institute of Journalism and Social Communication, Institute of Family Studies, Institute of Social Work

(Degree) Course	Specialty	Cycle	Type
Journalism an Social Communication	Journalism 2.0	BA, MA	FT, PT
Journalism an Social Communication	Communications Technologies and Media Graphics	BA, MA	FT, PT
Journalism an Social Communication	Media Relations/Media Educations	BA, MA	FT, PT
Journalism an Social Communication	Radio-TV Production	BA, MA	FT, PT
Journalism an Social Communication	Management in Media and Culture	MA	FT, PT
Journalism an Social Communication	Public Relations	BA, MA	FT, PT
Family Studies		MA	FT, PT
Family Studies	Disability in the Family	BA	FT, PT
Family Studies	Counselling and Mediation	BA	FT, PT
Family Studies	Occupational Therapy	BA	FT, PT
Social Work	Social Work for the Activation of Local Communities	MA	FT, PT
Social Work	Social Work and Crises in the Society	MA	FT, PT
Pedagogy	Reintegration Pedagogy with Socio-therapy	MA	FT
Pedagogy	Tanatopedagogy	MA	FT

Faculty of Canon Law

(Degree) Course	Specialty	Cycle	Type
Canon Law		MAL(+Lic)	FT



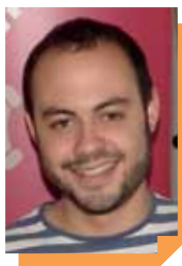
- Key:** BA – Bachelor of Arts (first cycle studies)
MAL – Master of Arts Long cycle
MA – Master of Arts (second cycle studies)
PhD – Doctorate (Third cycle studies)
FT – Full-time studies (regular basis)
PT – Part-time studies (extramural)
Lic – Licentiate of Canon Law

Doctoral School

The Doctoral School of UPJPII provides training and education for PhD students within the following five disciplines: theology, history, philosophy, communication and media studies, sociology

Copernicus Centre for Interdisciplinary Studies

(Cooperation with the Jagiellonian University in Krakow)



I think the courses are really good. It is quite different than Spain. The courses here increase you to participate more, and it is more practical. (...) Cracow is one of the best cities from all Europe to study one year. The student ambient is so nice, and the city is well prepared for students.

Guillermo, Spain





Post-graduate studies

The University offers various post-graduate programmes (2–4 semesters):

- ▶ Liturgical Plainchant,
- ▶ Theology and History of Religious Culture,
- ▶ Philosophy and Ethics,
- ▶ Relations of Christians and Jews,
- ▶ Franciscanism,
- ▶ Archiving and Librarianship,
- ▶ Preservation and Development of Architecture and Interior Arrangement of Sacred Buildings (Cooperation with Tadeusz Kościuszko University of Technology in Krakow),
- ▶ Symbolism in World Culture,
- ▶ Family Mediation,
- ▶ Bioethics,
- ▶ Pro-family Education,
- ▶ Social Gerontology,
- ▶ Solution-based Approach in Systemic Assistance,
- ▶ Work with Family in a Psycho-social Crisis,
- ▶ Religious Maritime Tourism,
- ▶ Religious Tourism in the Holy Land,
- ▶ Pastoral Formation of Priests.



Courses in foreign languages

UPJPII offers a number of courses in foreign languages (mainly in English) to international students. These subjects may also be attended by regular students if they wish to include them as part of their programme of studies. The most cur-

rent list of courses conducted in foreign languages may be found on the website of the Centre for Scientific Research and International Cooperation. Please note that some of these courses may not be opened until there is an appropriate number

of students interested. International students may choose to attend classes relevant to their faculty of choice or other faculties. There is also an option to take part in a Polish Language Course (30 hours, 3 ECTS, 500 PLN).

Examples of courses available in foreign languages:

Faculty of Social Sciences: Genres of Journalism, Video Journalism, Advertising and Marketing, Introduction to Polish Law, Entrepreneurship 2.0: Business Models of Communication, Inter-Religious Dialogue, Photo Journalism, Communicating Across Cultures, American TV, Fundamentals of Economics and Finance, Journalism Web 2.0, Interpersonal Communication, Education and Creativity;

Faculty of Philosophy: Introduction to philosophy of computer science, Il contemporaneo dibattito sui fondamenti filosofici della società giusta, Modern Philosophy, Selected Issues in Environmental Ethics, Contemporary Issues in Ethics, Logic- the Soft Introduction, Limits of Scientific Methods, Philosophy of the Human Person, Introduction to Philosophy of Mind, Our Duties to Animal and the Poor, Russian Religious Philosophy, Ethics;

Faculty of Theology: Ways of Christian Meditation, Preaching the Word of God in the Context of the Contemporary Challenges, The Challenges

and the Future of Teaching Religion, Theological Anthropology, Synoptic Gospels. Historical Critical View, The Origins of Christian Hell and the Greek Fathers, What and Who is the Church? Its Origins, Nature and Mission, Fragen der psychischen Gesundheit. Der psychologische und pastorale Kontext, Liturgical Spirituality, Monastic Poverty: Patristic Period, The Message of Divine Mercy in the Teaching of John Paul II, Religious Education/ Catechesis in the Family;

Faculty of Canon Law: Introduction to Canon Law;

Faculty of History and Cultural Heritage: Iranian Christians in the Time of Revolution: Religion and Politics in the Islamic Republic of Iran.



After more or less one year of Erasmus+ project in Krakow I can easily assure that our schedule was in both semesters full of an interesting variety of courses we could choose. Especially about the subject of journalism and communication, it's an experience that I recommend to new students to do: ways of studying are a perfect mixture of theory and practice.

Alberto, Italy

Selected institutions of the University

The Centre for Scientific Research and International Cooperation (CSRIC)

The Centre assists students and staff (both administration and academic) of the University in the process of application for grants, scholarships, students/teachers exchange programmes, internships etc. The Domestic Section deals with management of statutory funds and matters connected with study visits of the academic staff and funding obtained in Poland. The International Section is responsible for administration and development of international collaboration programmes (Erasmus+, Polish-U.S. Fulbright Commission, CEEPUS, International Visegrad Fund etc.) The total number of Erasmus+ agreements between UPJPII and partner institutions amounts to 67 agreements, mainly with Italian, German, Spanish, Slovakian and Irish universities. Another area of international cooperation includes university bilateral agreements. UPJPII has more than 30 partner institutions worldwide and receives exchange student and academic staff based on the exchange agreements. The university is also a member of international associations

such as the International Federation of Catholic Universities (FIUC), Fédération des Universités Catholiques Européennes (FUCE), University Network of European Capitals of Culture (UNeECC).

Scientific research and education are the most important areas of the university activity. They constitute and determine the scientific and didactic potential of the university and are conducted at six faculties as well as in three specialist laboratories and a state-of-the-art media centre. Scientific research is the foundation for numerous achievements as well as the development of the academic staff. Scientific research is mainly conducted in field of humanities. The research which is carried out includes theology, history, history of the church, philosophy, family studies, religious Studies. Within the social sciences there are ongoing projects dealing with media, pedagogy and psychology. There is also some research conducted in the field of law, predominantly the Canon Law.

UPJPII provides good conditions for carrying out mostly primary research, and also secondary projects. Annually, over 300 research topics are

undertaken, some of which are co-financed from grant funds.

Scientific research activity also involves obtaining financial support from the National Science Centre calls as well as programmes organized by various ministries of Poland. It is thanks to the funding obtained in the call organized by the National Programme for the Development of Humanities that the project Establishing Textile Conservation Laboratory could be undertaken. The aim of the research is to create an interdisciplinary database documenting silk textiles in possession of the Church dating back to the 15th-18th century.



It was a big surprise for me. I always heard about Erasmus students that don't receive help at all from their universities offices so I was expecting the same but with me was the opposite. I thing a positive side is that since we were not a lot of Erasmus they really care about each one of us, and from my experience was really nice, they help me not only with the normal things of the university but also with

*personal problems related to my first house and also when I was sick. The relation with the people that work in the office was really nice, quite informal, and they threat us really well since the beginning. **Jose, Portugal***

The Staff of the Centre for Scientific Research and International Cooperation

Address	ul. Bernardyńska 3 31-069 Kraków, 2nd Floor
Head	Iwona Bąk, MA – room 209
Phone	+ 48 12 428 60 37, ext. 927 + 48 511 459 986
e-mail	badania@upjp2.edu.pl iwona.bak@upjp2.edu.pl
Erasmus+ Institutional Coordinator	Urszula Kubiczek, MA – room 207
Phone	+ 48 12 428 60 37, ext. 936 + 48 519 323 350
e-mail	erasmus@upjp2.edu.pl urszula.kubiczek@upjp2.edu.pl
International Cooperation Coordinator	Tomasz Książ, MA – room 207
Phone	+ 48 12 428 60 37, ext. 936 + 48 519 323 346
e-mail	international@upjp2.edu.pl tomasz.kniaz@upjp2.edu.pl



Interfaculty Department of Foreign Languages

The Interfaculty Department of Foreign Languages is an interdepartmental unit of the Pontifical University of John Paul II in Krakow. It carries out an educational process on the five faculties and is a didactic body of the university. Languages classes are conducted at all levels (A1, A2, B1, B2, C1, C2) at full-time and extra-mural (weekend) studies of the first and second cycle. The department has at its disposal two modern multimedia labs. Classes are usually conducted in small groups in a friendly atmosphere and take advantage of distance education methods and techniques (e-learning, blended learning) as well as take into account specializations of university courses.

Modern languages: English, German, Russian, Italian, Spanish, French, Ukrainian.

Ancient languages: Latin, Greek, Hebrew, Coptic, Syrian.

University Library

UPJPII University Library comprises the main building and smaller (faculty, institute, departmental) libraries containing specialist materials. The Library has in its possession a wide selection of materials treating of theology, history of Church, philosophy, history, pedagogy, psychol-







ogy, culture, art & literature, political sciences, social sciences and law. One collection in particular is of great significance to UPJPII Library i.e. a collection of books donated by the Holy Father John Paul II from his own personal library.

In order to receive a library card and be granted access to the Library a student only needs to present a valid student card.

The Library's collection consists mainly of books and journals but also includes tapes, databases, electronic and multimedia documents, maps, manuscripts and old prints. The total collection counts over half a million volumes.

Adress	ul. Bobrzyńskiego 10, 30-348 Kraków
Phone	+48 12 350 57 16
e-mail	biblioteka@upjp2.edu.pl
Opening hours	Monday-Friday: 9am-6pm Saturday: 9am-3pm

Academic Media Centre

One of the most modern media centres in the region with an academic profile. It deals with research and its practical implementation in such fields as journalism, new media, media logistics, public relations, graphics, management in the media. It comprises various laboratories (e.g. e-learning lab, social media analysis lab, photography lab, focus research lab etc.) and constitutes the infrastructure for the two most important media initiatives at UPJPII i.e. JP2TV and Bonus Radio.

JP2TV

The television at the Pontifical University of John Paul II relies solely on the work of students with teachers having only a supporting role. JP2TV functions within three editorial teams: News and Opinion Journalism, Coverage and Documentaries



as well as Small Television Forms. The TV prepares mainly materials informing about current events related with the life of the University and, at the same time, promotes the University values and the spirit of its patron St. John Paul II.

The University has at its disposal a fully professional TV stu-

dio equipped with special cameras, microphones and lighting. Besides the studio, in which TV presenters may master their skills, there is also an editing room.

In order to see the effects of work of young journalists visit www.jp2tv.pl.





Bonus Radio

Aside from the television there is also radio. It functions thanks to the work of students of Journalism and Social Communication having at their disposal a professional recording and broadcasting studio, several sound editing stations and modern reporting equipment. The Internet broadcast of the radio started in 2010. Students report the latest university news as well as regional and nation-wide events. The programme format comprises information services and programmes featuring various topics.

The Bonus Radio broadcast is available at: radio.upjp2.edu.pl.



I think that the UPJPII has a really good facilities. I had the possibility to visit many times tv/radio studio with my teachers and I was surprised to find such a lot of tools and new technologies.

Maria Denise, Italy

*Atmosphere at UPJPII is familiar, what I really appreciate. Krakow as a city, really surprised me. I was a student of Journalism and I think studies in Krakow offered to me something new. I will recommend Erasmus in Krakow to everyone because I feel comfortable here and I also met new, interesting people. I will surely visit Krakow again. **Peter, Slovakia***



Academic Business Incubator

The Academic Business Incubator is a place that potential entrepreneurs can visit in order to start their own business in a simple, fast and a low-risk way. ABI has operated at UPJPII since 2014 and has since then assisted all UPJPII students interested in running their own company. The Academic Business Incubator operates within the UPJPII Career Office.

For further details, please visit the ABI office at 1 Franciszkańska Street, room 222D.

Psalmody Choir

The choir, established in 1988, performs during all University celebrations. The ensemble nurtures and inspires student achievement through quality music education and the pursuit of artistic excellence in choral music performance. Psalmody collaborates with Polish Radio Choir in Krakow, The Krakow Opera, the Krakow Philharmonic and the Polish National Television. The choir has given numerous concerts in Poland and abroad.

Saint Hedvig The Queen Foundation for the Pontifical University of John Paul II in Krakow

The Foundation has supported the activities, students, staff and graduates of the University

for over 25 years. Saint Hedvig Foundation promotes and backs individuals whose good ideas and eagerness to act are worth recognition, and for whom UPJPII is something more than a place of work or study.

UPJPII Press

As an integral part of the Pontifical University, UPJPII Press furthers the University's objectives of excellence in scholarship, research, and education. The main criteria when evaluating a new title for publication are its quality and whether it supports those aims of furthering education and disseminating knowledge about all the disciplines practiced and taught at the University. The UPJPII Press publishes books, coursebooks, dissertations, journals as well as the university information bulletin "Vita Academica".

Student Associations

Scientific Association of Theologians, Scientific Association of Student Historians, Student-Doctoral Scientific Association of Students of Political and Legal Doctrines „Phronesis”, Scientific Association of Students of Social Work, Scientific Association of Students of Interuniversity Institute of Church Music „Congaudeant”, Scientific Association of PhD Students of Faculty of History



and Cultural Heritage, Scientific Association of Journalists, Scientific Association of Students

of Philosophy, Students Advisory Group "Ster", Dragon boats Team.

The JP2 Project

For students from North America

The Pontifical University of John Paul II in Krakow is proud to be a partner with The John Paul II Project to offer the only year-round study abroad programs in Krakow designed for students from North America. Students embark on a uniquely holistic formation experience, where the quality academics offered through UPJPII are complemented by cultural learning, community life, spiritual enrichment, and outdoor adventure.

Eligible Participants

The program is open to any student pursuing a bachelor's degree or master's degree in a North American institution. The JP2 Project provides counseling as to how to obtain approval from your home institution to receive academic credit for the courses underway. There are limited opportunities for enrichment participation for students under 30 years old who have already completed their course of study.

Academics

All courses are delivered by UPJPII professors in the fields of theology, history, art, philosophy,



communications, language and culture. By highlighting the heritage of Poland, and connecting students with the legacy of John Paul II, learning is integrated with the location to create an academically rich study abroad experience. Visiting professors from home institutions have the possibility of joining the team of scholars to deliver quality academics in the aforementioned fields or beyond.

Timeline

The program operates alongside the US academic calendar. Fall Semester runs from September to December, Spring Semester from February to May, and 6-week Intensive Summer Term runs from May to June. For exact dates, please request a Student Information Packet.

Residency

A joyful family environment is fostered through students living in community in the '*Be Not Afraid*'

John Paul II Center. Students share in common large suites, recreation and dining areas, and household responsibilities, which promote maturation in virtue and life skills.

Beyond the Classroom

The program includes an outdoor retreat in the Tatra Mountains and excursions to major Polish sites, such as the capital of Warsaw, the Marian Shrine of Czestochowa, Wadowice- JP2's hometown, and tours of Auschwitz and the Wieliczka Salt Mines. The students are also supported as protagonists in organizing local activities that unite and enrich the community.

Spiritual Life

From the opportunity for the sacraments, prayer, encountering the local Church and making adventurous pilgrimages in the footsteps of the saints, students can deepen their faith and personal relationship with Christ. While the program offers a Catholic formation, students of any faith are welcome, and participation in prayer and liturgy are optional.

John Paul II

The program not only teaches students *about* JP2- in his city, but *like* JP2- in his style. From intellectual



discussions to outdoor trips, youth are offered the challenge, adventure, and responsibility that lead to a life of greatness. Years ago, John Paul II ministered to young Poles in Kraków. Today, he can become alive to young foreigners sojourning there.

Finances

The JP2 Project offers a full package, from tuition to books to activities. Depending on the type of aid you receive, it is possible to apply your existing federal or private financial aid to the study abroad program. Award and grant opportunities are available through UPJP2, The JP2 Project, and other or-

ganizations. Students have also been successful in fundraising their program abroad.

More information

For more information to learn how to apply, please visit www.jp2project.org, email www.jp2project.org or call +1-407-906-0073.

Together with Polish and Erasmus+ Students

JP2 Project students are connected with European students of Erasmus+ Program and full-term Polish students at UPJPII for joint educational and extracurricular opportunities. Polish and Erasmus+ students at UPJPII are welcome to join the JP2 Project for housing, English immersion, and the JP2 Project formation experience. Housing for Polish

and Erasmus+ students is extended for the duration of the full semester at UPJPII.

Student Testimonies

My time in Poland has been blessed beyond belief. I hardly have words to describe my experience. I have met many saints here, little ones, the biggest of ones, and ones in the making. I have rediscovered beauty here in Poland. In the churches..in the nature..n the Eucharist...in the family...I have truly been transformed in my entire person... I have met many new friends on this trip that have given me a better understanding on friendship and on life in general. The day that I leave Poland will be one of the hardest days of my life. That is because this is where I have found God... I know that I must leave Poland, so that I may bring its flame and joy back to the U.S.

Macie Frakes, Benedictine College

This whole trip has honestly been life changing...These have honestly been the best 6 weeks of my life and it is all because of God's grace and His overwhelming presence throughout this program... I am inspired to do hard work, accomplish a lot and love others- all through the grace of God. I am most looking forward to bringing all I have received here back to my family and loved ones and see the fruit of all those graces. I am sure I will be back in this beautiful city! It feels like home.

Hannah Martin, Ave Maria University

How blessed I have been to be a part of this project. This whole experience from start to finish has helped me grow in every aspect of my life. The classes and the project provided me with insight not only into St. John Paul II's rich teachings and his life, but also with insight into my own spiritual life. Being in this city, and seeing the faith of the people here, how strong, active and vibrant it is really enkindled my own faith...This trip has been so amazing... I don't think I could ever find the words to fully describe how many graces I have been able to receive here. I wouldn't trade this for anything...Thank you for this life-changing experience.

Gloria DeMora, Mount St. Mary's University



*..a new generation of builders is needed. Moved not by fear or violence but by the urgency of genuine love, they must learn to build, brick by brick, the city of God within the city of man. Allow me, dear young people, to consign this hope of mine to you: **you must be those „builders“!** You are the men and women of tomorrow. The future is in your hearts and in your hands. God is entrusting to you the task, at once difficult and uplifting, of working with him in the building of the **civilization of love.**”*

John Paul II to Young People, Toronto, Canada 2002



Organization of the academic year

The academic year is divided into two semesters. Each Semester includes approximately 16 weeks of classes and is ended with an examination period. The winter semester starts from October 1st, ends at the end January and is followed by a re-sit period, while the summer semester lasts from February to June. The summer semester's re-sits are held in September.

There are longer periods of holidays at Christmas (end of December), Easter (varies annually – March or April) as well as one or two weeks in February (interterm break). Other days free of classes are public holidays:

- ▶ 1 November, All Saints' Day
- ▶ 11 November, Independence Day
- ▶ 1 January, New Year's Day
- ▶ 6 January, Three Kings' Day
- ▶ 1 May, Labour Day
- ▶ 3 May, Constitution Day
- ▶ (varies annually – May or June), Corpus Christi

The current Academic Calendar can be accessed at: <http://upjp2.edu.pl/?q=erasmus/academic-calendar-upjp2>.

Grading system

very good	5
good plus	4,5
good	4
satisfactory plus	3,5
satisfactory	3
unsatisfactory	2

Satisfactory is the passing grade. There are also courses for which students do not receive grades e.g. Library Training or Health & Safety Training but are awarded either *zal.* (passed) or *nzal.* (not passed).



I spent in Krakow nine amazing months. In this period I really learned a lot of things in class and the most in the common life with other Erasmus and Polish students. The University was really nice. All the teachers and students helped us a lot and all of them teach us useful things for life.
Nuria, Spain





Krakow

A city rich in history and culture

Krakow is famous for its numerous tourist attractions which make each stay here a pleasant time. In the evening you may experience the magical atmosphere of Krakow's pubs, cafés and restaurants in which you may eat well but also relax and enjoy the lovely views.

Krakow, with its population of nearly 800 thousand, has been awarded the reputable title of the European Capital of Culture and is the most frequently visited city in Poland. Krakow has earned its reputation not only thanks to its historical heritage but also by being a home for educated, creative and resourceful people. In Krakow we may find many unique building and the largest market square in Europe. Krakow's Historic Centre is among the first sites chosen for the UNESCO's original World Heritage List.

In Krakow, something extraordinary awaits you each day. The city has a wealth of great plays of the Polish theatre, one-of-a-kind exhibitions in museums and art galleries, cinemas, charming parks, amusing street art performances, cultural festivals, astonishing events and legendary hangouts such as Piwnica pod Baranami.

Most popular tourist sites in Krakow

Cloth Hall (Sukiennice) is, to this day, still crammed with stalls selling amber, jewelry, handicrafts (e.g. lace, woodwork etc.) and other souvenirs. Underneath the Cloth Hall there is an ultra-modern museum showcasing the Krakow's medieval past.





Barbican (Barbakan) is a mighty structure – a fortified gateway leading into the Old Town, one of the few remaining relics of the network of fortifications that once encircled the royal city.

St. Mary's Church (Kościół Mariacki) is one of the most recognized churches in Poland. This ma-

jestic structure is a treasure trove of masterpieces of art such as the stunning altarpiece of Veit Stoss. It is from here that the city's well-known bugle call (hejnał mariacki) is played.

Wavel Royal Castle (Zamek Królewski na Wawelu) is a potent symbol of Polish national iden-



tity, perched on top of the hill of the same name, on the left bank of the Vistula river. Wawel's must-see highlights include the Cathedral, the Crown Treasury and Armoury, State Rooms, Royal Private Apartments, an extraordinary oriental art collection and the hanging bundle of bones which are rumored to have belonged to a local dragon.

Kazimierz – The Old Jewish Quarter, with its narrow streets is one of Krakow's most unique sites. It boasts some of the finest architecture found anywhere in the city, including numerous synagogues and churches but also modern museums such as Schindler's Factory, Galicia Jewish Museum or MOCAK. Centered around Plac Nowy,



Kazimierz has emerged as the city's premier destination for café culture and nightlife.

Divine Mercy Sanctuary in Łagiewniki (Sanktuarium Bożego Miłosierdzia) draws pilgrims from all around the world. The Sanctuary contains the famous painting "Jesus, I trust in You", created with Sister Faustina's instructions as she had seen Jesus appear in one of her visions.

The Czartoryski Museum is best-known for displaying Leonardo da Vinci's *The Lady with an*

Ermine, its collection also includes other magnificent pieces of decorative art, paintings (e.g. two works by Rembrandt), antique sculptures, tapestries etc.

Krakow's Mounds – The city is famous for its mounds i.e. earthen formations erected for commemorative purposes. The most prominent example is Kościuszko Mound, which was also used as a fortified lookout in the past – now houses a museum, others include Piłsudski's Mound, Krakus Mound, Wanda Mound and John Paul II's Mound.

2016 World Youth Day in Krakow

The World Youth Day is an international meeting of young people from all around the world, who gather in one place together with their teachers, educators, pastors and the Pope to celebrate, experience the joy of community and profess faith in Jesus Christ. For a few days, Krakow had become the centre of the world where around 2.5 million

representatives of all continents met in the last week of July 2016. Despite such great diversity, pilgrims from across the globe did not have any problems with communication since, as stated by the chairman of the WYD 2016 Organizing Committee – Cardinal Dziwisz, “everyone spoke one common language – the language of the Gospel”. In the Final





Mass, Pope Francis mentioned St. John Paul II, who must feel happy seeing his beloved Krakow full of youth in high spirits. The 2016 festival of youth in Krakow was an homage of the young Church paid to the Polish Pope, who was the originator and spiritual father of World Youth Days.

The WYD in Krakow was not only a spiritual and cultural event; it was also an enormous logistical challenge. The 2.5 million pilgrims arriving from 187 countries were supported by 250 trams, 580 buses (with over 2 thousand additional journeys), 38 thousand officers of various services, 320 ambulances, 100 medical points and 500 mobile patrols were staffed with nearly 3.5 thousand doctors, nurses and paramedics. Taking all the spiritual, cultural and organizational aspects of this great event into considerations, 2016 WYD in Krakow was a stunning success.









Our patron

St. John Paul II – born Karol Józef Wojtyła, a saint of the Catholic Church. The first non-Italian Pope since 1523. He served in Vatican for 26 years (1978 to 2005), which makes it the longest pontificate in the 20th century and the third-longest in the history of the Church. Very frequently called Saint John Paul the Great, he was one of the most influential leaders of the 20th century as he played a significant role in shaping the history of Europe in the 80s and 90s. Pope John Paul II was known for his great affinity towards the devotion of Divine Mercy, which Jesus revealed to St. Faustina Kowalska. John Paul II, as a supporter of ecumenism and interreligious dialogue, contributed considerably to the improvement of relations of the Catholic Church's with Islam, Judaism, the Eastern Orthodox Church, and the Anglican Communion. During his pontificate, John Paul II beatified and canonised a great number of people as part of his special emphasis on the universal call to holiness. John Paul II is also the person behind the idea of organizing World Youth Days and, together with Blessed Teresa of Calcutta, a patron of the event.

Routes of John Paul II – Places in Krakow associated with the Pope:



Quarry in Zakrzówek – During wartime Karol Wojtyła worked here as a manual labourer (apart from the limestone quarry, Wojtyła also worked at the Solvay chemical factory and a wastewater treatment plant in Borek Fałęcki)

John Tyranowski's house – the place in which young Karol Wojtyła would meet his great spiritual mentor – Servant of God Jan Tyranowski

St. Stanislaus Kostka's Church in Dębniki – Karol Wojtyła conducted his first mass as a priest here

The Jagiellonian University in Krakow – Karol Wojtyła was a student of Polish studies at the Faculty of Philosophy

The Bishop's Palace in Krakow – the seat of Krakow Metropolitan Curia with its famous 'Papal Window' from which John Paul II spoke to the crowds that gathered to see him.

Łonia Park and the Papal Stone at Łonia – a large meadow adjacent to the city centre on which JPII celebrated masses during his visits to Krakow

Divine Mercy Sanctuary and Sanctuary of St. John Paul II – two places of religious cult directly related to John Paul II, located in Łagiewniki district very close to each other.



Other people associated with Krakow



Nicolaus Copernicus – an astronomer and mathematician, best known for the model of Heliocentrism, studied at the University of Kraków (present-day Jagiellonian University) in the Department of Arts, where he obtained thorough grounding in the mathematical-astronomical knowledge.

Jan Długosz – a priest, diplomat and a renowned chronicler of Polish history. His old house at 25 Kanonicza Street now houses the Rectorate of UPJPII.

Giovanni Battista Falconi – an Italian baroque stucco artist, author of decorations in numerous churches in Lesser Poland and Lublin region.

Marek Grechuta – a singer, poet, composer and painter. He is best known for the music genre called *Sung poetry*.

Tadeusz Kościuszko – a national hero, American general – participant of the American Revolutionary War (1775–1783), Supreme Commander of the Polish National Armed Forces, leader of the 1794 Kościuszko Uprising.



St. Faustina Kowalska – a mystic, visionary. Venerated within the Church as the „Secretary of Divine Mercy”. The author of the Diary in which she described her spiritual experiences of meeting Jesus.

Stanisław Lem – a writer, philosopher, famous representative of science-fiction genre. Notable books: “Solaris”, “Return from the Stars”, “Diary found in a bathtub”.

Jan Matejko – a painter, author of historical paintings e.g. “Battle of Grunwald”, “The Prussian Homage”, “Stańczyk”, “John III Sobieski at Vienna”.

Czesław Miłosz – a poet, prose writer, Noble Prize winner in literature, a professor at the University of California, Berkeley.

Sławomir Mrozek – a dramatist, writer and cartoonist, known for his absurdist fiction.

Wisława Szymborska – a poet, translator, essayist and a literary critic, Noble Prize winner in literature, awarded for her precise and ironic vision of the human reality.

Stanisław Wyspiański – a playwright, painter and poet, sometimes called the Fourth Polish Bard (the other Bards are Adam Mickiewicz, Juliusz Słowacki, and Zygmunt Krasiński).



Regular cultural and sport events

January

- ▶ New Year's Concert at Juliusz Słowacki Theatre
- ▶ The Grand Finale of Great Orchestra of Christmas Charity
- ▶ Opera Rara (all-year series of opera concerts)

February

- ▶ Shanties Festival
- ▶ International Festival of Promotional Film

March

- ▶ Bach Days
- ▶ „Muzyka i Świat” – Music Documentary Film Festival
- ▶ OFAFA – Polish Festival of Animated Film

April

- ▶ Misteria Paschalia Festival
- ▶ Off Camera – International Festival of Independent Cinema
- ▶ Rękawka (eng. *Sleeve*) Festival
- ▶ Festiwal Starzy i Młodzi czyli Jazz w Krakowie – jazz festival





- › PAKA – Polish Cabarets Festival
- › Tischner Days

May

- › Juwenalia – students festival
- › The Festival of Science and Art in Krakow
- › Cracovia Marathon
- › The Long Night of Museums

- › Krakow Film Festival
- › Krakow Film Music Festival
- › Małopolska Days of Cultural Heritage

June

- › Grand Dragon Parade
- › Festival of Bread
- › ArtBoom Festival

- › The Long Night of Theatres
- › Wianki (eng. *Wreaths*)
- › Małopolska Air Show
- › Festival of Colours in Krakow



July

- › Street Theatres Festival
- › Summer Jazz Festival at Piwnica pod Baranami
- › Crossroads Festival Krakow
- › Canoe Slalom World Chamionships
- › Summer Festival of One-Actor Theatres
- › Jewish Culture Festival



August

- › Music in Old Cracow Festival
- › Pierogi Festival
- › Coke Life Music Festival
- › Tour de Pologne
- › Urban Harvest Festival



September

- › Sacrum Profanum
- › Cracow Jazz Fall
- › Galicja – International Festival of Children Films

October

- › Krakow Jazz All Souls Day





- ▶ Independence Day – military parades
- ▶ The International Film Festival
Etiuda&Anima
- ▶ MediaTory – festival of student journalists

November

- ▶ John Paul II Days
- ▶ Student Song Festival
- ▶ Grechuta Festival
- ▶ Nuevo Mundo Festival
- ▶ Three Mounds Run

December

- ▶ Divine Comedy International Theatre
Festival
- ▶ International Chess Festival Cracovia
- ▶ New Year's Eve concerts

All the interesting events and places to go such as museums, theatres, cinemas, sports clubs etc. can be found at: <http://www.krakow.pl>.

Places worth visiting around Krakow

If you have already seen everything in Krakow itself, the surrounding regions of southern Poland offer an additional bounty of marvelous sights worth exploring.

Tyniec (12 km) – Tyniec is a historic village on the Vistula river, famous for its Benedictine Abbey and limestone Jurassic hills.

Wieliczka (13 km) – is a small town famous for the Wieliczka Salt Mine, which was opened in the 13th century and produced table salt continuously until 2007. It contains incredible statues and chapel carved out of the rock salt.

Ojców National Park (16 km) – Poland's smallest national park, known for its biodiversity and the legend of Łokietek's Cave where, as the legend has it, he hid thanks to help received from a spider.

Puszcza Niepołomicka (20 km) – Niepołomice Primeval Forest used to be the most popular hunting ground for the Polish royalty (area famous for its, now extinct, Aurochs). Nowadays,





home for various species of flora and fauna such as Polish wisent and wild boar.

Pieskowa Skala (27 km) – notable for Pieskowa Skala castle, which is one of the best-known examples of a defensive Polish Renaissance architecture.

Kalwaria Zebrzydowska (40 km) – Kalwaria Zebrzydowska is a magnificent cultural landscape of great spiritual importance. Its natural setting – in which a series of symbolic sites of worship relating to the Passion of Jesus Christ and the life of the Virgin Mary was laid out in the 17th century – has remained practically unchanged. It is still today a place of pilgrimage.



Wadowice (50 km) – the birthplace of John Paul II. The most significant attraction of this lovely town is Holy Father John Paul II Family Home in Wadowice – a modern, interactive museum taking visitors on a tour through Karol Wojtyła's life.

Oświęcim (65 km) – is best known as being the location of the Auschwitz concentration camp during World War II, built and operated by the Third Reich. Despite its disheartening atmosphere, it is one of the most popular tourist attractions in the whole region of Malopolska.



Rabka (70 km) – a popular spa town, known for taking advantage of hydrotherapy in local resorts and sanatoriums.

Tarnów (80 km) – one of the biggest cities in the region, known for its market place in the Old Town, with medieval urban layout of streets and tenement houses, some from the Renaissance period

Zakopane (100 km) – the ‘winter capital of Poland’ is visited by over 2,500,000 tourists a year. Tourists

are drawn to Zakopane for its excellent conditions for winter sports: alpine skiing, cross-country skiing, snowboarding, and ski jumping. In the summer, tourists come to enjoy hiking, climbing, and spelunking. Many come to experience góral culture, which is rich in its unique styles of food, speech, architecture, music, and costume. Zakopane is especially popular during the winter holidays, which are celebrated in traditional style, with dances, decorated horse-pulled sleighs called kuligs and roast lamb.

Academic chaplaincy



Ministries, associations:

- ▶ Centre for Academic Chaplaincy within the Church of St. Anne: www.da-krakow.pl,
- ▶ Dominican Academic Chaplaincy "BECZKA": www.beczka.krakow.dominikanie.pl,
- ▶ Academic Chaplaincy of Salesian Priests – Student Association "ZIEMIA BOGA": www.ziemiaboga.pl,
- ▶ Academic Chaplaincy within The Parish of St. Joseph – „Wiosna Kościoła PRO”: www.wiosna.org.pl,
- ▶ Alpha Course – 10 meetings presenting the message of Christianity: www.kursalpha.pl,
- ▶ Salesian Mission Voluntary Service "Młodzi Światu": www.swm.pl.

Holy Mass in foreign languages:

- ▶ English
All Saints Parish, Sunday, 10:30am, St. Giles' church, 52 Grodzka Street
- ▶ German
St. Barbara's Church, Sunday, 2:30pm, 8 Mały Rynek Street
- ▶ Italian
Francis of Assisi's Stigmatas Parish, Sunday,





11:00am, The Chapel of the Congregation of Sisters – Dughters of St. Francis of Florence, 12 Sosnowiecka Street

▶ Latin

The Wawel Royal Cathedral of St. Stanislaus BM and St. Wenceslaus M, Sunday and holidays, 7:00am & 9:00am, 3 Wawel Street

▶ Slovakian

Parish of the Holy Cross, last Tuesday of each month, 4:30pm, 23 św. Krzyża Street

Notable places of worship:

- ▶ Sanctuary of the Divine Mercy in Krakow: www.milosierdzie.pl
- ▶ Sanctuary of St. John Paul II in Krakow: www.sanktuariumjp2.pl
- ▶ Sanctuary of St. Stanislaus in Krakow: www.skalka.paulini.pl
- ▶ Sanctuary of the Holy Cross in Krakow-Mogila: www.mogila.cystersi.pl
- ▶ Sanctuary Ecce Homo of St. Brother Albert in Krakow: www.albertynki.pl

Student guide

Accommodation

UPJPII does not have its own student dormitory but cooperates with dormitories of other universities in Krakow. Alternatively, CSRIC and Erasmus Buddies can help you in finding a flat/room in Krakow. Prices vary greatly and depend mainly on the location and standard. A good way of saving money is getting in touch with other international students and sharing a flat/room. There are also accommodation finding services online e.g.

- ▶ <http://zamieszka.kaj.bratniak.org/?controller=offers>
- ▶ <http://erasmusu.com/en/erasmus-krakow/student-housing>
- ▶ <http://www.myerasmus.pl/krakow/flats/list/krakow?category=rooms>
- ▶ <https://www.facebook.com/groups/527336080659504>

Meetings with Polish Culture

The Centre for Scientific Research and International Cooperation helps international students settle into our university, city and country. During various events, foreign students have a chance to familiarize themselves with



All the events were really nice, I just had to be grateful for all the extra-offers we had from UPJP2 and his amazing staff. I didn't even imagine that they would organize so many events just for us during the academic year. It was a great occasion to go deeper in the cultural history of the city you're living everyday thanks to the Erasmus+ project, and always with a good company. I didn't miss even one meeting.

Alberto, Italy





Polish culture and history. The *Buddy System* is an original way of making studying at UPJPII and living in Krakow easier and more pleasant. Incoming international students are contacted by *Buddies* (students volunteers) before their arrival in Krakow and offered assistance throughout the semester. The cultural programme includes such events as:

Orientation Days take place before the start of each semester. Its main purpose is to help students get settled during their first days in Krakow and to learn more about our university, we have designed a special orientation programme with tips, trips, information and lots of opportunities to meet fellow students.

Routes of John Paul II is a full-day tour of places which are connected with the figure of the great Pope – Pole. Erasmus+ students of UPJPII travelled along the pathways of our patron. Some of the points of the trip were: a visit in the newly redecorated museum of Karol Wojtyła in Wadowice, tasting the famous cream cake „Kremówka” – the favourite cake of JP II; a walk around and inside the Monastery in Kalwaria Zebrzydowska and the old and picturesque village of Lanckorona.

Polish Christmas is organized to acquaint international students with Polish festive customs. Apart from the Christmas Dinner during which everyone has an opportunity to try traditional Polish Christmas dishes, sing Polish carols, international

students share information and stories about traditions in their home countries. There are also other accompanying events such as visits to museums, the Royal Castle in Niepołomice etc.

The Last Taste of Poland is a goodbye/thank you party organized at the end of each semester. It includes many competitions testing (theoretically and practically) foreign students' knowledge of



Polish dishes, culture and even the language. It also gives everyone a chance to reminisce about the time spent at UPJPII.

The Charm of Polish Mountains is a trip to Polish Tatras and other places in the region. The CSRIC team attempts to present the culture of Polish highlanders (pol. Górale) as well as the magnificent landscapes of the Polish mountains and val-



leys. Depending on the weather conditions, the visit to Tatras/Podhale region consists of The trip also includes other attractions which are directly related with our university e.g. a trip to the home village of Rev. Józef Tischner – a former professor of UPJPII and an eminent Polish philosopher.

Our YouTube channel contains clips/slideshows presenting such events and more. Type in

CNBiWM UPJP II in the YouTube searchbox or use the direct link: <https://www.youtube.com/channel/UCABx6vWOj0UpJUiU0sid53A>.

Medical help – SCANMED

Students may receive medical treatment at a dedicated medical centre SCANMED, Kraków, 23 Kanonicza Street, phone: +48 12 429 21 28. When making an appointment for a visit, students

need to know their European Health Insurance Card number. The doctor's appointments are available on: Tuesday 11am–2pm; Wednesday 3pm–6pm; Thursday 11am–2pm; Friday 3pm–5pm.

If the following times are not convenient students may go to Centrum Medyczne Imicare at 3 Walerego Sławka Street (phone: +48 12 254 61 20). In case of emergency, contact a nearby Emergency Department (in Polish SOR) or call 999 (from landline) or 112 (from mobile).

Journey to Krakow

Air

John Paul II International Airport Kraków-Balice

1 Kpt. M. Medweckiego Street, 32-083 Balice

Infoline: +48 12 295 58 00, +48 12 363 39 89

www.krakowairport.pl

The airport is located about 16 km from Krakow's city centre. The quickest way to/from the airport is a dedicated train, the journey lasts about 17 minutes and is available between 4am to 11pm. There are also public transport buses: lines 208, 292 – day; 902 – night. The transfer time by buses varies, depending on the traffic, but will take around 40 minutes.



Train

Kraków Główny – The Main Railway Station in Krakow

Plac im. Jana Nowaka-Jeziorańskiego, 31-358 Krakow

www.pkp.pl, Timetables: www.rozklad.pkp.pl

Tickets may be purchased at the station or via the Internet.

Bus

Krakow MDA – The Main Bus Station in Krakow

18 Bosacka Street, 31-505 Krakow

www.mda.malopolska.pl

Car

CSRIC, which is responsible for international students, is situated at 3 Bernardyńska Street (50°03'11.0"N 19°56'13.7"E)

If you wish to drive to Poland, you will need the following documents:

- ▶ valid driving licence,
- ▶ vehicle registration certificate,
- ▶ insurance.

In Poland, we drive on the right-hand side, with headlights always on. The speed limits for cars are:

- ▶ 50 km/h (31 mph) in built-up areas during the day (5am–11pm),
- ▶ 60 km/h (37 mph) in built-up areas during the night (11pm–5am),



- ▶ 90 km/h (56 mph) on single carriageways,
- ▶ 100 km/h (62 mph) on dual carriageways or single carriageway expressways,
- ▶ 120 km/h (75 mph) on dual carriageway expressways,
- ▶ 140 km/h (87 mph) on motorways.

Krakow is divided into three parking/entry zones (A, B, C). Zones A and B can be used only by people residing within these zones or holding a special permission. In order to get to the city centre, you need to park your car in the paid Zone C. Tickets can be bought in parking meters (1 hour costs around 3 PLN) using coins, PayPass cards, mobile phone etc. Remember to display your ticket on the inside of your windshield to avoid a fine (50 PLN).

Public Transport in Krakow

Krakow's public transportation system consist of approximately 30 tram lines and 150 bus lines, including night trams and buses. The cheapest to get



Studying in Cracow was really good. Was my first time abroad, and even if wasn't my first option, I didn't regret at all. The city is nice to do Erasmus because is not so big so I could go always walking to the university to home and that was really good, so I didn't had to take a lot of bus or tram because general way everything was close.

Jose, Portugal

around Krakow is to buy Krakowska Karta Miejska (Krakow City Card) for students (47 PLN a month for all lines). It is valid while holding a Polish student card, Euro26 card or International Student Identity Card. KKM cards can be purchased at the following ticket offices:

- ▶ 6 Powstańców Wielkopolskich Street,
- ▶ block no 7, Os. Centrum D (Nowa Huta),
- ▶ Bus terminal stop by Dworzec Główny Wschód,
- ▶ 13 św. Wawrzyńca Street,
- ▶ 3/5 Podwale Street,
- ▶ Tram terminal stop Krowodrza Górka.

Minibuses

These are private carriers offering cheap transport locally. The prices vary, we buy tickets at the driver's, upon entering the minibus (van). They stop at regular bus stops or have their own stops (sometimes even stations) near a city's railway/bus station. To make it stop at our stop, we need to flag it down (as if we were hitchhiking).

Taxis

The cheapest way of getting a taxi is to call – the ones waiting at taxi ranks are usually more expensive. The driver is obliged to show you his licence

and the counter. Taxi drivers usually know basic English. Please note that night rates are higher.

Some of taxi carriers available in Krakow:

- ▶ iCar: 12 653 5555; 12 888 0000,
- ▶ Radio Taxi Dwójki: 12 4222222,
- ▶ Taxi Barbakan: 12 19661,
- ▶ Radio Taxi Wawel: 12 19666,
- ▶ Radio-Taxi Partner: 12 19633.

Post Office

The Main Post Office is situated at 20 Westerplatte Street and is open: Mon–Fri: 7:30am–8:30pm; Sat: 8:00am–2:00pm, Sun: 9:00am–2:00pm.

The Post Office No 53 by the Railways Station (4 Lubicz Street) is open 24/7.





36

TATTOO & PIERŚĆ
Elysium

KSIĘGARNIA
Świat Książki

Wrocław
City Tours

44

GALERIA
Między Polskim

P



Weather

When coming to Poland be prepared for all kinds of weather conditions: cold winters and hot summers. The Average temperature in winter is -5°C (min. temp. approx. -20°C), the average temperature in summer is $+17^{\circ}\text{C}$ (max. temp. approx. $+35^{\circ}\text{C}$). Students who choose to study in Krakow in winter are advised to take with them some warm clothes such as: a thick jacket, pullover, hat, scarf and gloves.

Phones

SIM cards can be purchased in kiosks/newsagents or other places marked with gsm operators' logos (Play, Orange, T-mobile, Heyah, Plus, etc.).

In order to call a landline number you need to first dial the city code (e.g. Krakow's city code is 22) and the person's/institutions' individual number. To make an international phonecall, you must dial two zeros, then the country code (e.g. the country code for Poland is + 48), the city code (for landline numbers) and finally the subscriber's number.

Emergency numbers (free of charge)

112 – European Emergency number

999 – Ambulance

998 – Fire Brigade

997 – Police

986 – Municipal Police

Approximate prices of food products

- › bread (loaf) ≈ 3 PLN
- › milk (1 litre) ≈ 3 PLN
- › butter (200 g) ≈ 5 PLN
- › ham (1 kg) ≈ 25 PLN
- › sausage (1 kg) ≈ 20 PLN
- › cheese (1 kg) ≈ 18 PLN
- › yoghurt (200 g) ≈ 2.5 PLN
- › minced beef (1 kg) ≈ 12 PLN
- › chicken (1 kg) ≈ 15 PLN
- › eggs (a carton of 10) ≈ 7 PLN
- › orange juice (1 litre) ≈ 5 PLN

Useful links

Ministry of Science and Higher Education:
www.nauka.gov.pl

Bureau for Academic Recognition and International Exchange: www.buwiwm.edu.pl

Studying in Poland: www.studyinpoland.pl

About Poland: www.poland.pl

Events in Krakow: www.krakow.pl

Erasmus Student Network: www.esn.org

Polski Bus – A cheap Cartier to Polish and European destinations: www.polskibus.com



Foreign students about studying at UPJPII



*and sensible aspect of ordinary life) but also an example of human and bilateral relationship with professors. I will remember this period of my youth and school career for the rest of my life!! **Giulia, Italy***

*One of the best memory was the Polish Christmas dinner with all the Erasmus students of our University. I don't know the exactly name of the restaurant but I will always remember our rector who changed languages of speaking in few second, passing from Italian to German, from Spanish to English; just amazing! The party allowed us to get in touch and establish good relationships despite our geographical distances. The cultural program was perfect. The orientation days and all that the university organized to us was really nice, and I only have good points about that. The best moment was undoubtedly the Christmas dinner. **Jose, Portugal***

Regarding the lessons that I attended, I really liked the method because it involved the whole class and „forced” everyone to get involved and to say their opinion; this was a different aspect from Italy that I really liked. I will take home not only useful didactic material (the course „Contemporary problems in Ethics” for example dealt with very considerable

Well, comparing to my hometown, here we were just a few students, so was pretty impossible to not feel part of the university community. That allowed also the Erasmus+ staff to have easier efforts in supporting us.



Sometimes I can miss my “chaotic” environment, typical of my city, but at least here I had the feeling that everything was under control, sooo... not so bad! **Alberto, Italy**

In general, I believe that the erasmus is an excellent occasion in the life of any university students. Anywhere they go, the opportunities of growth and the experiences that has be done, are unbelievable. I have discovered here in Poland a different world from mine, a different culture and different traditions. What someone lives on his own skin, it can never be forgotten. I want to recommend to everybody an experience as the erasmus, and if you will have the fortune to come to study in this university and in this city, you won't remain in some way disappointed. **Pierluigi, Italy**



Reflecting on my time here I would have to say that I really enjoyed it. Everybody at UPJPII was so friendly. Throughout the Erasmus and especially in the first weeks, all of the mentors were amazing and supported us so much. Also all of the teachers gave very good classes and I learned a lot. Krakow was and unforgettable experience, I totally fell in love with



the city and it will always hold a place in my heart. **Anne, Ireland**

Krakow is a beautiful city, full with beautiful people! I have the fondest of memories, from visiting Zakopane to simply wandering around the Jewish Quarter. I loved the courses you offered and the lecturers were so helpful and friendly. I have learned a lot here and I'm very grateful for the opportunity. Hope to return in the future. **Eve, Ireland**

What do you think about UPJPII?



Erasmus+



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(Iwona Bąk, Tomasz Książ)

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